



Tiffin Lunch Menu for w/c 17/8/2020

Monday: Grilled and baked Aubergine slices with Goats Cheese and Basil,
Tomato Sauce and Brown Rice

Or

Algerian Green Lentil stew and Brown Rice

Tuesday: Traditional Cottage Pie and Vegetables

Or

Vegetarian Cottage Pie

Wednesday: Macaroni Cheese, Rocket/Parmesan and Cherry Tomato
Salad

Thursday: Chicken Tikka Masala, Basmati Rice

Or

Paneer Tikka Masala, Basmati Rice

Friday: Fish and Chips, Mushy Peas and Tartar sauce

Or

Tempura Vegetables with Noodles in Broth

All Vegetarian dishes can be made Vegan

**Also includes a Soup, Salad, Dip, Hot Bite or Dessert (These will
change daily)**